



Fu Lin Men

CANTONESE DINING

Chinese Swimming Club

# 前菜

## APPETIZER

皮蛋酸姜 Century Egg and Pickled Ginger	\$10 例牌 regular
极品酱青瓜海蜇头 Jellyfish Head and Cucumber with XO Sauce	\$16 例牌 regular
柠香金沙鱼皮 Crispy Fish Skin with Salted Egg	\$16 例牌 regular
鸡肉松炸茄子 Crispy Eggplant with Chicken Floss	\$14 例牌 regular
泰式豆腐粒  Diced Tofu with Thai Sauce	\$12 例牌 regular
椒盐白饭鱼 Salt and Pepper Whitebait	\$16 例牌 regular
黄金软壳蟹 Soft Shell Crab with Salted Egg	\$16 例牌 regular
蒜香七味鸭丝 Crispy Duck Meat with Japanese Spices	\$14 例牌 regular
五香虾枣 Five Spices Prawn Roll	\$16 例牌 regular

All prices are subject to 10% service charge & prevailing GST.



极品酱青瓜海蜇头  
Jellyfish Head and Cucumber with XO Sauce



椒盐白饭鱼  
Salt and Pepper Whitebait

# 鱼翅汤羹 SOUP

特级金鼎佛跳墙 (预订) Premium Buddha Jumps Over Wall (advance order)	\$888 <u>八位 8 persons</u>
精品佛跳墙 Buddha Jumps Over Wall	\$58 <u>每位 per person</u>
红烧蟹肉大包翅 Superior Comb Shark Fin Soup with Crab Meat	\$78 <u>每位 per person</u>
云吞骨胶原汤 Collagen Soup with Wonton	\$22 <u>每位 per person</u>
花胶骨胶原汤 Collagen Soup with Sun Dried Fish Maw	\$30 <u>每位 per person</u>
花胶爵士汤 Sun Dried Fish Maw CBE's Soup	\$28 <u>每位 per person</u>
竹笙海味鱼鳔羹 Fish Maw Soup with Sea Treasures and Bamboo Fungus	\$15 <u>每位 per person</u>
人参炖鸡汤 Double-Boiled Ginseng and Chicken Soup	\$13 <u>每位 per person</u>
虫草花鲜菇汤  Fresh Mushroom Broth with Cordyceps Flower	\$12 <u>每位 per person</u>

All prices are subject to 10% service charge & prevailing GST.



精品佛跳墙  
Buddha Jumps Over Wall



花胶爵士汤  
Sun Dried Fish Maw CBE's Soup

# 鲍参海味

## ABALONE, SEA CUCUMBER & FISH MAW

八头溏心干鲍 Braised Sun Dried Abalone (sized 8-head)	\$298 <u>每位 per person</u>
十四头溏心干鲍 Braised Sun Dried Abalone (sized 14-head)	\$148 <u>每位 per person</u>
蚝皇三头鲍鱼 Braised Abalone (sized 3-head)	\$68 <u>每位 per person</u>
鲍鱼海参一品煲 Abalone, Sea Cucumber, Prawn and Scallop in Clay Pot	\$78 <u>例牌 regular</u>
葱烧原条珍宝乌圆参 Jumbo Wuyuan Sea Cucumber with Pan-Seared Spring Onion Sauce	\$58 <u>例牌 regular</u>
蚝皇煎酿海参 Pan-Fried Stuffed Sea Cucumber	\$16 <u>每位 per person</u>

All prices are subject to 10% service charge & prevailing GST.



十四头溏心干鲍  
*Braised Sun Dried Abalone (sized 14-head)*



蚝皇煎酿海参  
*Pan-Fried Stuffed Sea Cucumber*

Photos are for reference only

# 海中珍宝 SUPERIOR SEAFOOD

皇帝蟹 (预订)  
Live King Crab (advance order)

时价  
Market Price

活泥蟹 (预订)  
Live Mud Crab (advance order)

时价  
Market Price

活红花蟹 (预订)  
Live Red Flower Crab (advance order)

时价  
Market Price

黑胡椒 Black Pepper  
辣椒 Chilli  
咸蛋 Salted Egg  
牛油 Butter

松露白胡椒 Truffle White Pepper  
避风塘 Typhoon Shelter Style  
潮式冻蟹 Teochew Cold Crab  
花雕蛋白 Hua Diao and Egg White

东星斑 (预订)  
East Star Garoupa (advance order)

时价  
Market Price

星斑  
Star Garoupa

\$14/100g

笋壳  
Marble Goby

\$12/100g

石斑  
Garoupa

\$10/100g

潮洲蒸 Teochew Style  
红烧砂锅 Braised in Clay Pot  
油浸 Deep-Fried

清蒸 Steamed with Premium Soy Sauce  
豉汁蒸 Black Bean Sauce  
剁椒菜脯蒸 Chopped Red Chilli and Preserved Radish

All prices are subject to 10% service charge & prevailing GST.



清蒸星斑  
*Steamed Star Garoupa with Premium Soy Sauce*



油浸笋壳  
*Deep-Fried Marble Goby*

Photos are for reference only

# 海中珍宝 SUPERIOR SEAFOOD

澳洲龙虾 (预订)  
Australian Lobster (advance order)

时价  
Market Price

波士顿龙虾 (预订)  
Boston Lobster (advance order)

时价  
Market Price

本地龙虾 (预订)  
Local Lobster (advance order)

时价  
Market Price

上汤 Superior Stock Sauce 金瓜奶皇 Creamy Pumpkin Sauce  
金银蒜蓉蒸 Steamed with Garlic 姜葱 Spring Onion and Ginger  
花雕蛋白 Hua Diao and Egg White

金瓜奶皇焗龙虾  
Baked Lobster with Creamy Pumpkin Sauce

\$48  
每位 per person

花雕当归杞子虾煲  
Poached Prawn with Hua Diao, Angelica and Wolfberry in Clay Pot

\$30  
例牌 regular

极品酱粉丝虾煲  
XO Sauce Prawn with Glass Noodle in Clay Pot

\$32  
例牌 regular

咸蛋黄金虾  
Stir-Fried Prawn with Salted Egg

\$32  
例牌 regular

金箔脆虾球  
Deshelled Prawn with Golden Corn Flake

\$32  
例牌 regular

青芥末虾球  
Deshelled Prawn with Wasabi Mayonnaise

\$32  
例牌 regular

咸蛋黄金虾球  
Deshelled Prawn with Salted Egg

\$34  
例牌 regular

All prices are subject to 10% service charge & prevailing GST.



金瓜奶皇焗龙虾  
*Baked Lobster with Creamy Pumpkin Sauce*



金箔脆虾球  
*Deshelled Prawn with Golden Corn Flake*

# 海中珍宝 SUPERIOR SEAFOOD

西兰花炒带子 Scallop with Broccoli	\$38 <small>例牌 regular</small>
极品酱野菌炒带子 Scallop with Wild Mushroom and XO Sauce	\$38 <small>例牌 regular</small>
极品酱碧绿龙趸球 Sliced Giant Garoupa with Seasonal Green and XO Sauce	\$36 <small>例牌 regular</small>
砂煲姜葱龙趸球 Sliced Giant Garoupa with Ginger and Spring Onion in Clay Pot	\$36 <small>例牌 regular</small>
红烧豆腐龙趸球煲 Braised Giant Garoupa with Tofu in Clay Pot	\$36 <small>例牌 regular</small>
清蒸鳕鱼 Steamed Cod Fish with Premium Soy Sauce	\$22 <small>每位 per person</small>
香煎鳕鱼 Pan-Fried Cod Fish	\$22 <small>每位 per person</small>

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极品酱碧绿龙趸球

*Sliced Giant Garoupa with Seasonal Green and XO Sauce*



西兰花炒带子

*Scallop with Broccoli*

# 鸡鸭 POULTRY

北京片皮鸭  
Peking Duck

**\$88**  
全只 whole

脆皮炸子鸡  
Crispy Fried Chicken

**\$44**  
全只 whole

**\$24**  
半只 half

蜜味风沙鸡  
Feng Sha Chicken with Honey Soy Glaze

**\$48**  
全只 whole

**\$26**  
半只 half

飞鱼子杏片金龙鸡  
Crispy Golden Dragon Chicken with Fish Roe

**\$26**  
例牌 regular

龙凤佛钵飘香  
Prawn and Chicken in Yam Ring

**\$26**  
例牌 regular



蜜味风沙鸡  
*Feng Sha Chicken with Honey Soy Glaze*



飞鱼子杏片金龙鸡  
*Crispy Golden Dragon Chicken with Fish Roe*

# 猪牛 PORK & BEEF

乳猪全体 (预订) Roasted Whole Suckling Pig (advance order)	\$328 <u>全只 whole</u>
铁板黑椒猪软骨 Sizzling Pork Cartalige with Black Pepper Sauce	\$26 <u>例牌 regular</u>
荔枝咕嚕肉 Sweet and Sour Pork with Lychee	\$24 <u>例牌 regular</u>
蜜味麻辣猪扒 Honey Mala Pork Chop	\$26 <u>例牌 regular</u>
京都肉排 Pork Chop in King Dou Style	\$26 <u>例牌 regular</u>
椒盐肉排 Salt and Pepper Pork Chop	\$26 <u>例牌 regular</u>
黑椒牛柳粒 Diced Beef Fillet with Black Pepper Sauce	\$36 <u>例牌 regular</u>
美极茄子牛柳粒 Diced Beef Fillet and Eggplant with Special Sauce	\$36 <u>例牌 regular</u>
蒜香烧汁牛柳粒 Diced Beef Fillet with Garlic and BBQ Sauce	\$36 <u>例牌 regular</u>
红酒牛尾煲 Stewed Oxtail with Red Wine Sauce	\$38 <u>例牌 regular</u>

All prices are subject to 10% service charge & prevailing GST.



铁板黑椒猪软骨  
*Sizzling Pork Cartilage with Black Pepper Sauce*



蒜香烧汁牛柳粒  
*Diced Beef Fillet with Garlic and BBQ Sauce*

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# 蔬菜豆腐

## VEGETABLE & TOFU

苋菜 / 奶白 / 芥兰 / 西兰花

Amaranth / Baby Pek-Chye / Kailan / Broccoli

\$18

例牌 regular

清炒 Stir-Fried

上汤 Poached with Superior Stock

蒜茸 Stir-Fried with Garlic

蚝油 with Oyster Sauce

银盏野菌芦笋

Stir-Fried Asparagus and Wild Mushroom

\$24

例牌 regular

虫草花百合香港芥兰 

Stir-Fried Kailan with Cordeyceps Flower and Lily Bulb

\$22

例牌 regular

三皇蛋苋菜

Poached Amaranth with Egg Trio in Superior Stock

\$20

例牌 regular

素大虾伴水芹香 

Stir-Fried Vegetarian Prawn with Celery

\$24

例牌 regular

双菇扒时蔬

Braised Dual Mushroom with Seasonal Green

\$22

例牌 regular

干煸四季豆

Stir-Fried French Bean with Minced Pork

\$18

例牌 regular

瑶柱黄金砖

Braised Homemade Egg Tofu with Dried Scallop

\$20

例牌 regular

野菌豆腐煲 

Braised Mushroom and Tofu in Claypot

\$20

例牌 regular



银盏野菌芦笋  
*Stir-Fried Asparagus and Wild Mushroom*



瑶柱黄金砖  
*Braised Homemade Egg Tofu with Dried Scallop*

# 粉面饭

## NOODLE & RICE

金丝海鲜炒饭 Seafood Fried Rice with Golden Egg Thread	\$24 例牌 regular
极品酱脆米海鲜炒饭 Seafood Fried Rice with XO Sauce and Rice Crisp	\$24 例牌 regular
杨洲炒饭 Yeung Chow Fried Rice	\$20 例牌 regular
海鲜干炒面线 Stir-Fried Seafood Mee Sua Noodle	\$26 例牌 regular
上汤鲜虾煎生面 Crispy Noodle with Prawn in Superior Stock Sauce	\$28 例牌 regular
肉丝炒面 Crispy Noodle with Shredded Pork	\$22 例牌 regular
海鲜焖伊面 Braised Ee Fu Noodle with Seafood	\$26 例牌 regular
柴鱼樱花虾焖伊面 Braised Ee Fu Noodle with Bonito Flake and Sakura Shrimp	\$20 例牌 regular
滑蛋海鲜河粉 Stir-Fried Seafood Flat Rice Noodle with Egg Sauce	\$26 例牌 regular
干炒牛肉河粉 Stir-Fried Beef Flat Rice Noodle	\$26 例牌 regular
素松菇焖伊面 (含蛋)  Ovo-Vegetarian Braised Ee Fu Noodle with Beech Mushroom	\$20 例牌 regular
素炒饭  Vegetarian Fried Rice	\$20 例牌 regular
松菇海鲜汤面线 Seafood and Mushroom Mee Sua Noodle in Soup	\$10 每位 per person

All prices are subject to 10% service charge & prevailing GST.



金丝海鲜炒饭  
*Seafood Fried Rice with Golden Egg Thread*



上汤鲜虾煎生面  
*Crispy Noodle with Prawn in Superior Stock Sauce*

Photos are for reference only

# 精美甜品 DESSERT

豆沙锅饼

Red Bean Pancake

\$16

例牌 regular

红莲桃胶 (冷或热)

Peach Resin Dessert (Served Chilled or Hot)

\$8

每位 per person

椰汁银杏芋泥

Yam Paste with Ginkgo Nut and Coconut Milk

\$8

每位 per person

莲子陈皮红豆沙

Red Bean Soup with Aged Mandarin Peel and Lotus Seed

\$8

每位 per person

杨枝甘露

Chilled Mango Cream with Pomelo and Sago

\$8

每位 per person

龟苓糕

Herbal Jelly

\$8

每位 per person

青柠雪芭香茅冻

Lemongrass Jelly with Lime Sherbet

\$8

每位 per person

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